



**POPULATION
HEALTH TRUST**
ADVISORY COMMITTEE

Board of Health
Kenneth Dahlstedt, Chair
Lisa Janicki, Commissioner
Ron Wesen, Commissioner

PHT Membership Meeting #40

Thursday October 4, 2018 from 8:30am-10:30am

Skagit Transit Community Room

Members: Carol Hawk, Chris Johnston, Debra Lancaster, Diane Smith, Howard Leibrand, Joanne Lynn, Kevin Murphy, Liz Lovelett, Liz McNett Crowl, Mary McGoffin, Margaret Rojas, Mary Ellen Lykins, Michael Sharp, Mo Pettitt, Phil Brockman, Sonia Garza, Randy Elde & Stephanie Morgareidge

Staff: Kristen Ekstran, Lea Hamner & Mel Pedrosa

Absent: Barbara Juarez, Bill Henkel, Cheryl Rasar, Claudia Marken, Colleen Pacheco, Connie Davis, David Jefferson, Don McDermott, Jennifer Sass-Walton, Jennifer Johnson, John Sternlicht, Kari Ranten, Ken Lawson, Scott Hale, Stacy Phelps

Guests: Chad Clark & Tammy Hargett

Time	Item	Owner
	<ul style="list-style-type: none">• Introductions, agenda review and approve previous minutes• Recognitions<ul style="list-style-type: none">➤ Kristen recognized Stephanie Morgareidge and her service to the PHT since the induction of the board. Claudia Marken will replace her as our East County Representative➤ Kristen thanked Bill Henkel, Liz McNett Crowl and John Sternlicht for their contribution to the Housing White Paper presentation to the Board of Health➤ Mary Ellen, Jennifer Johnson and Jennifer-Sass-Walton for their contribution to the First 1,000 Days presentation to the Board of Health➤ Liz Lovelett recognized Kevin for all the work SCOG has done on the Housing Action Plan• Steering Report<p>Carol Hawk shared a short update on the work on the previous Steering Committee in September, including: a fiscal update, board member changes and nominations, the possibility of hiring a contractor for equity work within the Trust, and how the Trust can message our work in the community.</p><ul style="list-style-type: none">➤ Liz Lovelett volunteered to work with the Steering Committee on City presentations regard the Trust• Dr. Patrick Jones Data updates<p>Dr. Patrick Jones form Eastern Washington University shared on updates on the Trends website, and shared updated data points within the scope of the social determinates of health, including:</p>	

- ✓ Population Growth & Age structure
- ✓ Economic Vitality-per capita, Median incomes, poverty levels
- ✓ Graduation rates
- ✓ Health access-uninsured
- ✓ Opioid-related deaths
- ✓ Housing-renting households

- **First 1,000 Days Plan**

Kristen presented a goal overview to the Trust Members and asked them to participate in a activity aimed at deeper understanding of the plan and the roles individual agency partners could take in support of the First 1,000 Days plan.

“Where can your organization LEAD or LEAN IN to the work?”

Comments:

- Include universal income levels/cultures
- Include Doula support services at the hospital birthing centers (can be grant funded through Skagit Community Foundation processes for public hospital districts)
- Expand Incredible Years and Strengthening Families through programming already happening
- Communication with municipalities about barriers to services such as building codes, regulations, and possible changes at the local jurisdictional level

- **Next Steps**

- Steering Committee Meeting scheduled for Monday October 8th from 12:00pm-1:30pm
- OWLT Workgroup Meeting scheduled for Thursday October 11th from 2:00pm-4:00pm, located at Skagit Publishing
- PHT Membership Retreat scheduled on the regular PHT meeting day, November 1st from 8:30am-2:00p, located at Padilla Bay Estuarine Center (lunch provided)